



**COURSE SYLLABUS**  
**AY 2023 – 2024**  
**ETOWAH HIGH SCHOOL**  
**AFJROTC GA-958**

**COURSE TITLE:** LE 300, *Life Skills and Career Opportunities*, and AS 410, *Survival*

**CREDIT HOURS**

½ credit hour for JROTC per semester. Three years of JROTC fulfills the one credit PE/Health graduation requirement.

**INSTRUCTORS**

Steve Bergey, Lieutenant Colonel, USAF (Retired)  
Senior Aerospace Science Instructor  
stephen.bergey@cherokeek12.net

Ciarra Malto, Technical Sergeant, USAF (Retired)  
Aerospace Science Instructor  
ciarra.malto@cherokeek12.net

**OFFICE HOURS**

Etowah High School is open from 0745 to 1545 (7:45am to 3:45pm). We are located in Room 5004. We have an open-door policy for cadets, and they can stop by and discuss anything they need if we are available. We respectfully ask parents to check-in at the front office for appointments in our offices during the day per school policy.

**TEXT/RESOURCE MATERIALS USED**

Both AS 300, *Exploring Space: The High Frontier*, and LE 300, *Life Skills and Career Opportunities*, will be provided in pdf format on Canvas. During the year we will refer to Air Force instructions and other governing documents.

**Leadership Education 100: Traditions, Wellness, and Foundations of Citizenship**

- Chapter 1: Introduction to JROTC Programs (Fall semester)
- Chapter 2: Personal Behavior (Fall semester)
- Chapter 3: Be Health Smart (Spring semester)
- Chapter 4: Making Safe, Drug-Free Decisions (Spring semester)
- Chapter 5: The Foundation of United States Citizenship (Spring semester)

**Leadership Education 300: Life Skills and Career Opportunities (Fall semester)**

- Chapter 1: Charting Your Financial Course
  - Lesson 1: Creating a Budget

- Lesson 2: Savings and Bank Accounts
- Lesson 3: Real-life Issues in Buying and Selling
- Chapter 2: Managing Your Resources
  - Lesson 1: Avoiding the Credit Trap
  - Lesson 2: Insurance for Protecting Your Resources

### **Aerospace Science 410: Survival (Spring semester)**

- Chapter 1: The Elements of Surviving
  - Lesson 1: Survival Preparedness
  - Lesson 2: Conditions Affecting Survival
  - Lesson 3: The Survivor's Needs
  - Lesson 4: Psychological Aspects of Survival
  - Lesson 5: The Will to Survive
- Chapter 2: Personal Protections
  - Lesson 2: Plants for Medicine
  - Lesson 3: Proper Body Temperature
  - Lesson 4: Clothing
  - Lesson 5: Shelter
- Chapter 3: Necessities to Maintain Life
  - Lesson 2: Equipment
  - Lesson 3: Food
  - Lesson 4: Survival Use of Plants
  - Lesson 5: Water
- Chapter 4: Orientation and Traveling
  - Lesson 1: Land Navigation
  - Lesson 2: Navigation Using the Sun and the Stars
  - Lesson 3: Land Travel

- AF Manual 36-2203, Personnel Drill and Ceremonies
- Student Workbooks/Handouts
- Selected Videos/Movies
- Cadet Guide

### **REQUIREMENTS**

To be enrolled in JROTC, students must be full-time students in good standing at Etowah High School, be seventh grade graduates, and be able to participate in JROTC wellness activities with parental consent.

### **JROTC PROGRAM DESCRIPTION**

JROTC is a blended course that may contain 8<sup>th</sup>, 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, and/or 12<sup>th</sup> graders all in the same class. In an effort to stay in compliance with the Headquarters JROTC cadet guide, this course consists of three components during the course of the year: Aerospace Science (40 percent), Leadership Education (40 percent), and Wellness/Physical Fitness (20 percent). This is accomplished by dividing the days of instruction according to the course material. The course

material is rotated each year in JROTC so that cadets never receive the same instruction while participating in JROTC during a 4-year cycle.

## **DRILL AND CEREMONIES**

The Drill and Ceremonies course provides an in-depth introduction to drill and ceremonies. The course concentrates on the elements of military drill and describes individual and group precision movements, procedures for saluting, drill, ceremonies, reviews, parades, and development of the command voice. Students are provided detailed instruction on ceremonial performances and protocol for civilian and military events and have the opportunity to personally learn drill. Though each class will follow an established lesson plan, most of the work is to be hands-on.

## **WELLNESS/PHYSICAL FITNESS**

This course will incorporate the Cadet Health and Wellness Program. This is an exercise program focused upon individual baseline improvements with the goal of achieving a high standard when calculated for age and gender. The goal is to motivate JROTC cadets to lead active, healthy lifestyles beyond program requirements and into their adult lives. Cadets will be given the opportunity to put into practice the wellness concepts that are taught in Leadership Education 100.

## **UNIFORM WEAR**

Uniform wear is a mandatory requirement for the program. Every cadet in the program will be issued a complete uniform within the first 45 days of joining JROTC. The weekly uniform wear days are on Monday and Friday.

On Mondays, all cadets are required to wear the assigned Air Force JROTC uniform. Cadets are expected to ***WEAR THE ASSIGNED UNIFORM CORRECTLY AND PROUDLY ALL DAY.*** This includes travel to and from school, unless excused by the SASI and/or ASI. Exceptions to this policy must be approved by the SASI and/or ASI and will be announced in advance by the Flight Commander. ***Any cadet observed not wearing their uniform the entire day without a legitimate reason will receive a zero for that day's uniform grade.***

On Fridays, all cadets are expected to wear PT clothes to include athletic running shoes during their JROTC class period. Cadets are authorized to wear these clothes all day, or they can change into and out of the uniform at the beginning and end of their JROTC class period. Cadets will have only five minutes at the beginning of class and at the end of class to get dressed. A cadet's weekly physical fitness grade is partially dependent upon wearing proper attire for PT. Exceptions to this policy must be approved by the SASI and/or ASI and will be announced in advance by the Flight Commander.

Routine uniform maintenance and cleaning is the responsibility of the cadet and all accountable/Returnable items must be professionally cleaned as needed throughout the year. Cadets are required to return all accountable uniform items at the end of the school year. If a cadet leaves the program before the end of the school year, they are required to immediately return all

accountable/returnable uniform items. Failure to turn in uniforms are returned or paid for. The total replacement cost for all standard issued items is approximately \$475.00.

All accountable/returnable uniform items must be professionally cleaned prior to turning in to the SASI and/or ASI. A \$20 fee will be assessed for each item returned that has not been professionally cleaned.

*See cadet guide for detailed uniform wear instructions.*

## **GRADING PROCEDURES**

Each year, cadet leadership outlines the strategic goals for the corps to achieve during the new school year. Grade composition in JROTC is unlike grading in other courses in that the grades rubric is designed in a manner to entice cadets to attain the corps goals for the year. To that end, grades will be as follows:

### **Academic      25 percent**

Exams	20
Quizzes	5

### **Job Performance      65 percent**

Scorecards	30
Uniforms	20
LDR Part.	15

### **Physical Fitness      10 percent**

PFTs	10
------	----

## **COMMUNITY SERVICE**

Cadets will have multiple opportunities to perform Air Force JROTC-sponsored community service during each semester. Members of the corps should aspire to participate in at least 12 community service hours each year.

## **CURRICULUM-IN-ACTION (CIA) TRIPS**

Throughout the year, cadets will have opportunities to participate in school-sponsored activities that serve as an extension of the JROTC curriculum. Cadets must be in good academic and disciplinary standing to participate. To understand what it means to be in good academic and disciplinary standing, please refer to the cadet guide found on our website.

## **CLASS BEHAVIOR**

The nature of the JROTC mission, as well as its high visibility within the school and community, requires its members to adhere to higher standards than might be found among the student population. Inappropriate behavior, in or out of uniform, is prohibited while participating in JROTC. This behavior includes, but is not limited to, consuming alcohol, drug abuse, tobacco use, excess and/or inappropriate horseplay, public displays of affection while in uniform, fighting, disparaging remarks, insubordination, disrespect, verbal threats and physical attacks. Behavior of this kind is reason for possible dismissal from the program.

### **CELL PHONES AND ELECTRONIC DEVICES**

Cell phone and electronic device use is extremely disruptive in the classroom. Therefore, all of these devices must be placed in the cell phone amnesty box located in the classroom before the class bell rings to start the class period. It can be interpreted from this statement that these devices cannot simply be put away in a backpack. They must be put in the box. Failure to adhere to this policy will lead to possible referral paperwork being submitted to school administrators. Note that electronic devices include, but are not limited to, such things as ear buds, headphones, tablets, and the like.

### **FAILURE TO MEET OR MAINTAIN EXPECTATIONS**

As a member of the JROTC program, every cadet becomes an individual representative of Etowah High School, the United States Air Force, and the corps of cadets. As a result, professional, courteous, and respectful behavior is expected from all cadets at all times. While failure to meet these expectations will be managed on a case-by-case basis, the more experienced the cadet is, the more severe the potential consequences will be.